

Team Swift

12 Hours, 100, 50 Miles Time Trials

Sunday 28 July 2019

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

Event Secretary

Keith Lawton 1 Pinfold Court, Sherburn in Elmet. LS25 6LD
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Assistant Event Secretary

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Start Timekeeper

Geoff Backshall

Circuit Timekeepers

George Barker (A), Phil Hurt (B), Betty Philipson (C),

Finish Timekeeper (50 miles)

Mike Penrice

Finish Timekeeper (100 miles)

Geoff Backshall

Chief Marshal

Mike Williams

HQ (Open from 05:00)

Melbourne Cricket Pavilion

Situated at the east end of Melbourne Village (Y042 4RD)

Parking

In the **marked area** on the field. **DO NOT PARK ON THE DRIVEWAY**

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

COURSE CHANGE DUE TO TRAFFIC LIGHTS

Details Inside

Start

This is located on the road just outside the HQ, approximately 3.5 miles southwest of the A1079 York to Hull road. Allerthorpe Lane end/Roundabout is approx. 9 miles down the A1079 from the A64 (York By Pass)

Numbers, Signing-On and Food

These will be at the HQ

Please fix with pins and not tape.

You need to ensure that you return, following your ride, to sign out.

You must sign in and out yourself. **Failure to sign out will result in a DNF** being recorded against a rider's name

Course Marking

Direction arrows will be displayed at all turns. Riders and helpers should look out for these.

Cycle Event warning signs will be placed for the benefit of other road users as defined in the course Risk Assessment.

Marshals

Marshals will be placed around the course to direct you to the next marshal point, they are not there to stop traffic in your favour. **All marshals will be issued with a long sleeved Hi-Vis jacket. Please wear this for your own safety and the benefit of the riders.**

Camping/Overnight Parking

Please note that this is not allowed at the HQ

Feeding Station

Food/Drinks/Sponges will be available adjacent to the start on each lap. Riders may have to stop to collect what they require.

Use of Motor vehicles (Not allowed in the 50)

Regulation 22 (use of motor vehicles) **allows** for assistance with a competitor's reasonable feeding and other requirements. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Such vehicle should be driven at normal traffic speed. Riders should read the regulations and instruct their helpers that disqualification can result if obstruction or annoyance is caused to other competitors

The enclosed form should be handed in at signing on.

Drivers of supporting vehicles should take care not to cause obstruction whenever they park. Please take extra care on the finishing circuit, especially when parking up when your riders time has expired. **DO NOT PARK ON PRIVATE PROPERTY.**

Rider Notes

Riders must obey all the rules of the road and all CTT regulations. During the event riders will pass through several villages. Please remain alert and beware of parked cars etc. at the side of the road.

Please note that Southfield Lane is narrow for the first mile or so.

Awards

	Men	Women
12 Hours		
1st	£90.00 (£30 + £60 from 2018)	£30.00
2nd	£60.00 (£20 + £40 from 2018)	
3rd	£40.00 (£10 + £30 from 2018)	
100 Miles		
1st	£30.00	£30.00
2nd	£20.00	£20.00
3rd	£10.00	
50 Miles		
1st	£30.00	£30.00
2nd	£20.00	£20.00
3rd	£10.00	

VTTA (Yorkshire Group) (VTTA Members only)

1st overall on Standard (Any Age)

Holds the “**John Pickles Memorial Trophy**” for one year.

North Midlands & VTTA (North Mids Group)

Fastest NM affiliated Club member holds the

“**Trevor Wilkinson Trophy**” for one year

VTTA (North Mids) group member Best on Standard holds the “**Brian Beardsley Cup**” for one year.

Courses

Due to traffic lights on the narrow bridge between Sutton on Derwent and Melbourne it has been necessary to change all the courses. All will start outside the HQ and are based on a 26.28 mile circuit.

12hr

Riders will complete up to 8 laps (210 miles) before entering an 8.5 mile finishing circuit. The first 3 miles of the finishing circuit are the same as the main circuit.

100

Riders will complete just under 4 circuits. **The finish** will be on the A1079 at the end of Carr Lane on the 4th circuit.

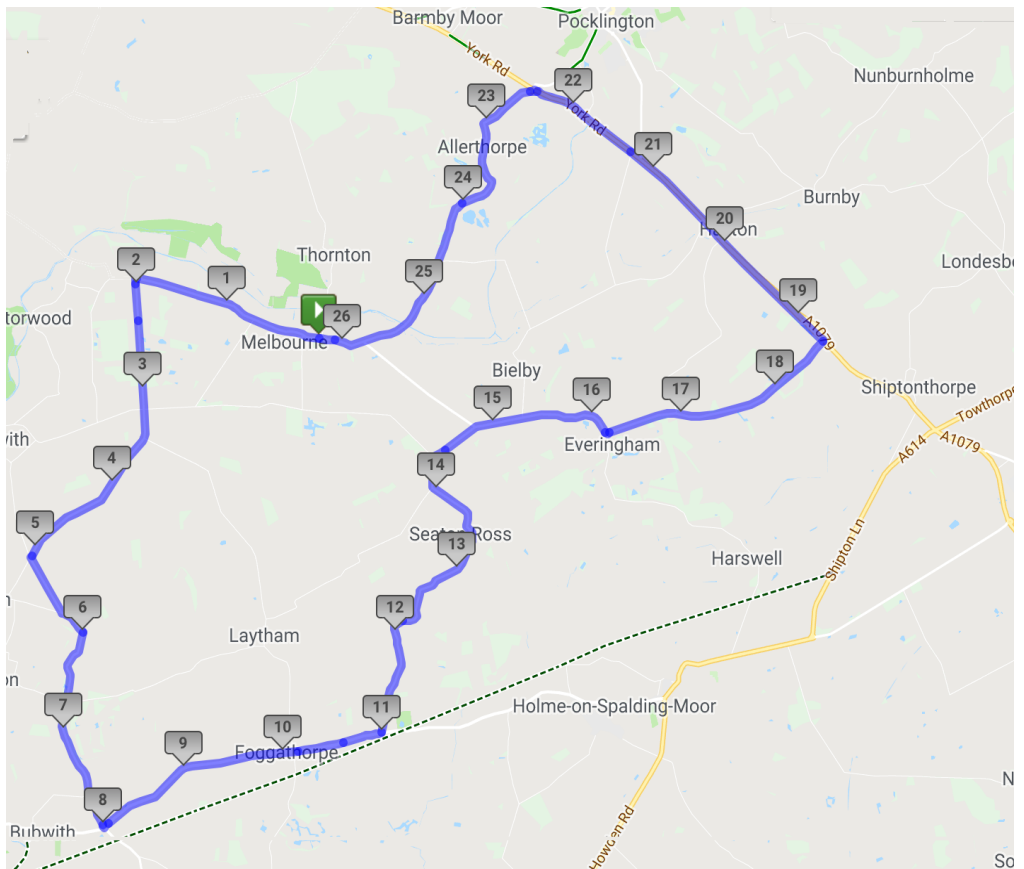
50

Riders will complete just under 2 circuits. **The finish** will be at the eastern end of large grass area outside Allerthorpe Lakes on the 2nd circuit. Opposite the sign to "Conifer Lakes".

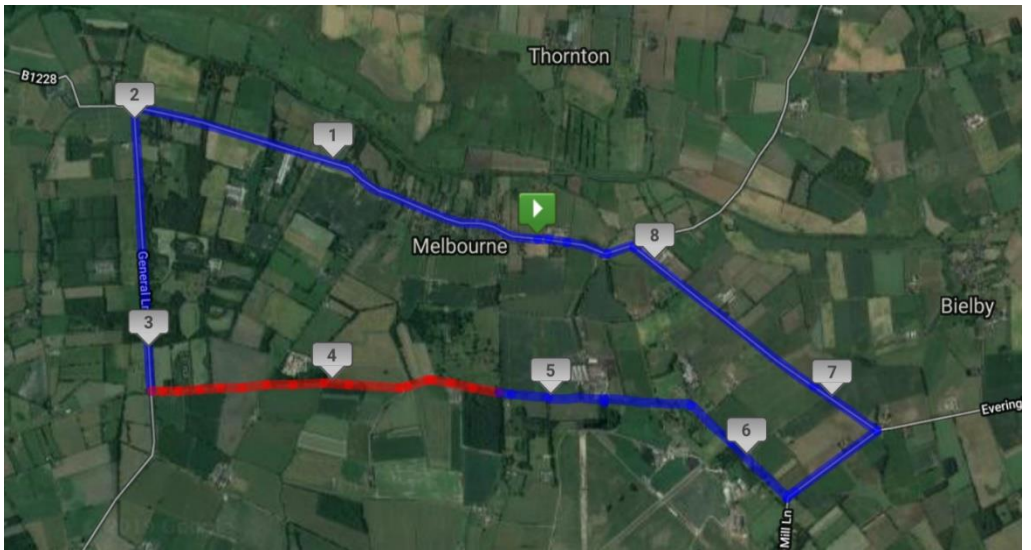
Course Details

MAIN CIRCUIT	Inter	Lap 1
Start outside HQ (Melbourne Scout Hut) on South Side of road, adjacent to Power Pole.		
Proceed westwards to Rossmoor Junction. LEFT	1.931	1.931
Proceed on B1228 to Bubwith X/Roads. LEFT	6.131	8.062
On A163 to Southfield Lane. LEFT	2.997	11.059
Proceed through Seaton Ross, on Church Lane and Mill Lane to Everingham. LEFT	5.221	16.280
to Junction with A1079. LEFT	2.438	18.718
Allerthorpe Roundabout. LEFT	3.731	22.449
to original starting point outside HQ	3.832	26.281
Continue to cover 7 more laps (or until directed on to the finishing circuit.		

Distance after completion of			
1 Lap	26.281	5 Laps	131.405
2 Laps	52.562	6 Laps	157.686
3 Laps	78.843	7 Laps	183.967
4 Laps	105.124	8 Laps	210.248



FINISHING CIRCUIT (8.515 miles)		Lap 0
TK A (Original Starting point)		210.248
Proceed westwards to Rossmoor Junction. LEFT	1.931	212.179
Proceed on B1228 to TK B at Large Road Sign of Eastern side of road approx 150 yards north of Ash Lane.	3.095	213.343
Continue south to turn Left along Ash Lane to	3.176	213.424
TK C (approx 30 yards before Mill Lane)	6.193	216.441
then left on Mill Lane to take first road on left	6.702	216.950
where left and continue to junction with		210.248
Allertorpe to Melbourne road (Sumo Corner)	8.075	218.323
where left to HQ. TK A	8.510	218.758



FINISHING CIRCUIT (8.515 miles)	Distance covered after completion of									
	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
TKA	218.758	227.268	235.778	244.288	252.798	261.308	269.818	278.328	286.838	295.348
TK B	221.853	230.363	238.873	247.383	255.893	264.403	272.913	281.423	289.933	298.443
TK C	224.951	233.461	241.971	250.481	258.991	267.501	276.011	284.521	293.031	301.541

Riders should continue riding to the next timekeeper after their time expires before stopping.

	12 HOURS				
No	Name	Club		STD	TOS
1	John Hatfield	Ravensthorpe CC	M V 72	166.01	06:01
2	Gary Purchon	Otley CC	M V 54	197.85	06:02
3	Wayne Mountain	Alford Whs	M V 51	201.67	06:03
4	Don Speight	Tyneside Vagabonds CC	M V 56	195.21	06:04
5	David Mcleavy	City RC (Hull)	M 29		06:05
6	Scott Tams	Chorlton Velo	M V 42	213.82	06:06
7	Tim Swindin	City RC (Hull)	M V 52	200.41	06:07
8	David Carpenter	All Terrain Cycles	M V 47	206.75	06:08
9	Kath Finn	Kendal Cycle Club	W V 55	175.14	06:09
10	Gary Simpson	Yorkshire Road Club	M V 51	201.67	06:10
11	Stewart Burke	Team Andrew Allan Architecture	M 37		06:11
12	Malcolm Borg	West Suffolk Wheelers	M V 44	210.84	06:12
13	Chris Kempton	Ilkley CC	M V 50	202.92	06:13
14	Josie Smith	Barnsley Road Club	W 34		06:14
15	Sean Sanders	Drighlington BC	M V 49	204.19	06:15
16	Wayne Randall	Barnsley Road Club	M V 56	195.21	06:16
17	Thomas Brabbin	Halifax Imperial Wheelers	M 32		06:17
18	Rob Simmonds	Exeter Whs CC	M V 50	202.92	06:18
19	Stacey Stump	York Cycleworks	M V 51	201.67	06:19
20	Andrew Askwith	Vive Le Velo	M V 54	197.85	06:20
21	Gary Thornton	Barnsley Road Club	M V 45	209.43	06:21
22	Jp Pretorius	Vive Le Velo	M 37		06:22
23	Paul Revell	Barrow Central Wheelers	M V 57	193.85	06:23
24	Christopher Gargett	Halifax Imperial Wheelers	M V 41	215.42	06:24
25	Darren Gough	Barnsley Road Club	M V 50	202.92	06:25
26	Paul Cre	Halifax Imperial Wheelers	M V 47	206.75	06:26
27	Chris Last	Rotherham Wheelers Cycling Club	M V 55	196.55	06:27
28	William Wilson	Bournemouth Arrow CC	M V 53	199.14	06:28
29	David Dodsworth	Maldon & District CC	M V 46	208.08	06:29
30	Angus Wilson	Dundee Thistle	M V 50	202.92	06:30
31	Marcus Blagrove	Mersey Tri	M 32		06:31
32	Martin Gargett	Halifax Imperial Wheelers	M V 46	208.08	06:32
33	Peter Odling	Alford Whs	M V 59	190.99	06:33
34	Trevor Mayne	Birdwell Wheelers	M V 55	196.55	06:34

